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Mommy Measurements (Pre and Post Pregnancy)

Weight

Pre-Pregnancy: _____
Day of Childbirth: _____
One Month After Birth: _____

Thighs

Pre-Pregnancy: _____
Day of Childbirth: _____
One Month After Birth: _____

Hips

Pre-Pregnancy: _____
Day of Childbirth: _____
One Month After Birth: _____

Bottom

Pre-Pregnancy: _____
Day of Childbirth: _____
One Month After Birth: _____

Breasts

Pre-Pregnancy: _____
Day of Childbirth: _____
One Month After Birth: _____

Shoe Size

Pre-Pregnancy: _____

Day of Childbirth: _____
One Month After Birth: _____