



[www.onestopshopforkids.com](http://www.onestopshopforkids.com)

## Emergency Numbers for Parents and Babysitters

---

It is always a smart thing to have an emergency number list for yourself as well as for babysitters. Laminate, [frame](#) or just post it up somewhere in your home that is easy to get to in the event of an emergency.

Here are some things you should have on your sheet but feel free to personalize your sheet with information that is specific to your families needs.

**Where You can be reached:** \_\_\_\_\_ (location...movie theater, restaurant, etc)

**Address of the Location:** \_\_\_\_\_

**Phone Number for Location:** \_\_\_\_\_

**The time you expect to be returning home:** \_\_\_\_\_

**Who to call if there is an emergency and you are unable to be reached:**

**Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Relation to Child:** \_\_\_\_\_