



## A Child's "Firsts"

- Rolled Over: \_\_\_\_\_
- Sat Up Alone: \_\_\_\_\_
- Crawled: \_\_\_\_\_
- Held Own Bottle: \_\_\_\_\_
- Laughed: \_\_\_\_\_
- Smiled: \_\_\_\_\_
- Took a bath in the "Big Kid" Tub: \_\_\_\_\_
- Said Mommy or Daddy: \_\_\_\_\_
- First Tooth: \_\_\_\_\_
- Blew a Kiss: \_\_\_\_\_
- Slept Through the Night: \_\_\_\_\_
- First Stroller Ride: \_\_\_\_\_
- Smiled: \_\_\_\_\_
- Clapped: \_\_\_\_\_
- Played Peek-A-Boo: \_\_\_\_\_
- Waved Hi or Bye: \_\_\_\_\_
- Ate Baby Food: \_\_\_\_\_
- Sat in Highchair: \_\_\_\_\_

- **Stood Up Alone:**\_\_\_\_\_
- **First Steps:**\_\_\_\_\_
- **Walked:**\_\_\_\_\_
- **Ran:**\_\_\_\_\_
- **First Word:**\_\_\_\_\_
- **Used a Sippy Cup:**\_\_\_\_\_
- **Held Own Spoon/Fork:**\_\_\_\_\_